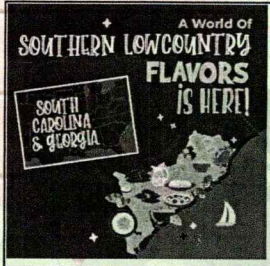


### MONDAY



### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

Breakfast Includes: Choice of entrée listed or selection of cereal with toast or cheese stick, choice of fruit, and milk.

**7**

**Breakfast:**  
French Toast Sticks (v)

**Lunch:**  
Hamburger or Cheeseburger Veggie Burger (v)  
Italian Combo Stacker Box  
Hummus Snack Pack (v)  
Fruit & Vegetable Salad Bar  
Assorted Chocolate & Unflavored Skim or Low Fat Milk

**8**

**Breakfast:**  
Plain or Blueberry Bagel & Cream Cheese (v)

**Lunch:**  
Turkey Soft Taco  
Seed Butter & Jelly Sandwich (v)  
Chef Salad with WG Rolls  
Fruit & Veggie Salad Bar  
Assorted Chocolate & Unflavored Skim or Low Fat Milk

**9**

**Breakfast:**  
Breakfast Bowl with Toast

**Lunch:**  
Popcorn Chicken Potato Bowl with WG Roll  
Ham & Cheese Sandwich  
Pumpkin Apple Yogurt Parfait (v)  
Fruit & Vegetable Salad Bar  
Assorted Chocolate and Unflavored Skim or Low Fat Milk

**10**

**NO SCHOOL TEACHER IN-SERVICE DAY**

**11**

**NO SCHOOL VETERAN'S DAY**

Lunch Includes: Choice of entrée listed, variety of fruits and vegetables, and milk.

**14**

**Breakfast:**  
Turkey Sausage Breakfast Pizza

**Lunch:**  
Teriyaki Chicken over Rice  
Turkey & Cheese Sandwich  
Hummus Snack Pack  
Fruit & Vegetable Salad Bar  
Assorted Chocolate & Unflavored Skim or Low Fat Milk

**15**

**Breakfast:**  
Pancake Sausage on a Stick

**Breakfast for Lunch:**  
Waffles & Sausage  
W/ Baked Cinnamon Apples  
Fruit & Yo To Go Box (v)  
Chef Salad w/ WG Rolls  
Fruit & Vegetable Salad Bar  
Assorted Chocolate & Unflavored Skim or Low Fat Milk

**16**

**Breakfast:**  
Egg & Cheese Breakfast Sandwich

**Lunch:**  
Turkey and Cheese Nachos (v)  
Buffalo Chicken Wrap with Side Veggies  
Italian Sub Sandwich  
Fruit & Vegetable Salad Bar  
Assorted Chocolate & Unflavored Skim or Low Fat milk

**17**

**Breakfast:**  
Pancakes with Fruit Compote & Whipped Topping (v)

**Lunch:**  
Turkey Gravy, Mash Potato w/ Green Beans & WG Rolls  
Seed Butter & Jelly Sandwich  
Fruit & Vegetable Salad Bar  
Assorted Chocolate & Unflavored Skim or Low Fat Milk

**18**

**Breakfast:**  
Pumpkin Bread & Cream Cheese

**Lunch:**  
Homemade Cheese Pizza (v)  
American Sandwich  
Fruit & Vegetable Salad Bar  
Assorted Chocolate & Unflavored Skim or Low Fat Milk

### EMPLOYMENT AVAILAABLE!

For information on open positions please call Lydia 541-830-6553

**21**

**NO SCHOOL TODAY**

**22**

**NO SCHOOL TODAY**

**23**

**NO SCHOOL TODAY**

**24**

**No School Thanksgiving Holiday**

**25**

**NO SCHOOL TODAY**

**28**

**Breakfast:**  
Waffles with Fruit Compote & Whip Topping (v)

**Lunch:**  
Chicken Nuggets with WG Roll  
Chef Salad with WG Rolls  
Hummus Snack Pack (v)  
Fruit & Vegetable Salad Bar  
Assorted Chocolate & Unflavored Skim or Low Fat Milk

**29**

**Breakfast:**  
Turkey Sausage Breakfast Pizza

**Breakfast for Lunch:**  
French Toast  
Sticks and Sausage w/ Hash Brown Potato  
Italian Sub Sandwich  
Fruit & Yogurt Parfait (v)  
Fruit & Vegetable Salad Bar  
Assorted Chocolate & Unflavored

**30**

**Breakfast:**  
Breakfast Bowl with Toast

**Lunch:**  
Hot Dog & Vegetarian Beans  
Turkey Taco Salad with WG Tortilla Chips  
Seed Butter & Jelly Sandwich (v)  
Fruit & Vegetable Salad Bar  
Assorted Chocolate & Unflavored Skim or Low Fat Milk



(v) = meatless option

This institution is an equal opportunity provider.